

# INTRODUCTION

So far I've been mountain biking for more than 30 years in which I've seen all the developments and I myself have tested them all. Whether the breaking new was the suspension fork or the disk brake, whether the XC race or the Marathon I remember there's always been somebody saying ... "nobody need this!". That's exactly what happened ten years ago when I leaved bike racing to approach the randonee world and bikepacking.

I rediscovered the genuine "mood" of my first mountain bike attempts: a mix of adventure, unknown discovery and "scrape through art".

Probably bikepacking is the essence of "bike child dreamer" ... just taking your bike out for a ride with no goals and no rules is the healthiest way to get away from stress and everyday problems.

Some time ago, I started thinking about a bikepacking route through Italy, something like Tour Divide, but with the added value of the Italian excellences and beauties. Five years ago that intuition finally translated into reality: Italy Divide was born. An amazing trail through Italy, from Pompei to Torbole (Garda Lake).

Sometimes dreams come true. I hope to share mine with you!

Jack Event Director and Founder

#### THE EVENT'S MANUAL

Welcome to Italy Divide. We are proud that you decided to partecipate to this amazing bikepacking and trailrunning adventure.

The manual is the result of the previous editions' experience and of multiple scouting trips around Italy, an amazing country which may change a lot from place to place, especially from the south to the north: weather, type of ground, environment .....food.

To complete the registration reading the manual is mandatory as well as signing it. Have you read it at least three times? Any doubts?

Do not hesitate to contact us via email at italydivide@italydivide.it

#### REGISTRATION AND START

THURSDAY 25rd April 2024 from 9AM □ Location: Camping Zeus Pompei - Naples □			
Check-in will start on WednesdayDAY 24 April from 15PM and will close on THURSDAY 25 at 8,30AM In order to avoid queuing there will be a reception. Who rents the TRACKER from us, must test the tracker after registration and check if it's working properly.			

# WHY ITALY?

Are you still wondering why? Are you kidding me? Italy is an unbelievable blend of history and arts, natural beauties and food excellences ... an adventure like this would be impossible elsewhere! A reason to take part to Italy Divide that many participants share is presenting oneself the "WOW!" effect that means exploring the Beauty in its many aspects and discovering something you didn't even think could exist. 

□

#### ROUTE

The Italy Divide follows fast rolling gravel roads (Francigena/Eurovelo7) with quite technical mtb trails in between to explore those wild and remote parts of Italy with a plenty mix of history. Starting from Naples the adventure will go through, among the others, Rome, Siena, Florence, Bologna, Mantova, Verona. The mix of pavel is amazing: tarmac, gravel, mountain bike. Every year we try to reduce the portage, You will be given a gpx file, just a few days before the start to prevent

that someone rides the route before the start in order to take an advantage.

The file is created with Garmin Base Camp and is compatible with all gps device.

## 1) BEST BIKE RIDE?

I think a mix between gravel and front mtb, with fast rolling tires. Do you love gravel bike? Better if fitted with almost 42mm tires, at least 2 bottle cages, even if it's easy to find water. Camping kitchen kit? ... nope! you can find a good place to eat whenever you need it;)) The bivibag or tends are up to you; anyway, you can find nice accommodations in B&B (you'll been given the best options).

# 2) HOW MUCH TIME TO FINISH IT?

It depends: it may vary from 4 to 6 days. Last year we started from Naples with 30 degrees and finished in Lessinia with a real winter storm with more than 30 inches of snow. Please note it is a real unsupported bikepacking or trailrunning adventure...enjoy it!

#### **CATEGORY**

Italy Divide is designed as a solo adventure experience

□ SOLO BIKEPACKING

#### **RULES**

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All the participants are expected to be entirely unsupported: they can't receive any kind of outer assistance such as:

Private resupply □
Navigation information □
Ranking information □
Drafting is not permitted under penalty of disqualification.

It's not allowed to share the track, neither here nor anywhere else on the internet (Komoot, STRAVA, Social Media or in any kind of group). The track is the result of years of work and, above all, was created exclusively for those registered for the event. The organization will take legal action against those who do not comply with the regulations

# **MANDATORY**

<ul> <li>A personal insurance or through sports promotion organization (if you don't have one you can sign up with us)</li> <li>GPS Tracker always ON (if something occurred you must communicate with US soon by phone and motivate the problem, otherwise you are scratched) □</li> <li>Every rider must have the plate number fixed on the handlebar and must be wearing the helmet as well as the cap from Italy Divide □</li> <li>Front and rear lights □</li> <li>Aluminium bivy □</li> <li>Goretex (or similar) jacket □</li> </ul>
The traffic code is applies and is mandatory to respect it□
WITHDRAWING FROM THE ADVENTURE
If you cannot continue the route for any reason and wish to drop out from the adventure please get in touch with us as soon as possible by sending an email to <a href="mailto:italydivide@italydivide.it">italydivide@italydivide.it</a> including the circumstances of your withdrawal, your full name and plate number. $\Box$
If you are unable to do so, please call the following telephone number: Phone: +39 3923736220 (NO MESSAGE) $\square$
Note that all riders are welcomed to celebrate with us at the finish regardless of how they get there. If you withdraw from the event you are responsible for your onward travel to the destination you choose. $\Box$
ROUTE COVERAGE AND RIDER UPDATES
Video and shooting coverage will be entrusted to specialized video makers and photographers along the whole route.
There will be a main channel for spectators to follow the event. First and fore most will be the Event Map and rider 'dots' available on www.italydivide.it
The second main channel will be with posting videos and daily images on our social media channels (Instagram and Facebook).
The official hashtag for this edition is #Italydivide #italydivide2024

### PRIVACY DISCLAIMER

# Data controller and categories of data processed

The participation in "Italy Divide" and the use of services associated with it involves processing of participants' personal data accordingly with the purposes and the conditions specified in the privacy disclaimer document. The data controller is the Organizer, Giacomo Bianchi italydivide@italydivide.it

By registering the participant confirms to have read and accepted unreservedly the Italy Divide privacy policy and authorizes the treatment of personal data, declaring to be aware of his/her legal rights.

# Photo and video shooting

Given the sports and public nature of Italy Divide, video as well as photographs of the participants will be taken, both in motion and in fixed pose, all along the course of the Event in order to report and document it.

Among the services supplied, all the participants are given the opportunity to purchase the photo/video in which they are detected. The organization is authorized to use all social images posted by participants (citing the source)

By registering the participant confirms to have read and accepted unreservedly the Italy Divide's Event Manual Rules and authorizes the photo/video coverage, declaring to be aware that, given the aforementioned conditions, the explicit consent is mandatory for the registration's completion and consequently the participation in the Event.

Athlete's signature		